

ペンタトニックの実践練習

小嶋 哲也

♩=40 ぐらいから300ぐらいまで、最初はメトロノームを使わずに、徐々にテンポアップしていきます。
早く動くようになったら、メトロノームを100ぐらいにセットし、2・4拍で感じながらハメていきます。
徐々にメトロノームを下げていき、160までいったらプロ級です!!オクターブ上下できるものは、嫌がらずにやってみよう!

A(F#m)Pentatonic



E $\flat$ (Cm)Pentatonic



F#(D#m)Pentatonic

Three staves of musical notation for the F#(D#m) Pentatonic scale. Each staff contains four measures of music, with repeat signs at the beginning and end of each measure. The notes are: F#4, G#4, A4, B4, C#5, D#5, E5, F#5, G#5, A5, B5, C#6, D#6, E6, F#6, G#6, A6, B6, C#7, D#7, E7, F#7, G#7, A7, B7, C#8, D#8, E8, F#8, G#8, A8, B8, C#9, D#9, E9, F#9, G#9, A9, B9, C#10, D#10, E10, F#10, G#10, A10, B10, C#11, D#11, E11, F#11, G#11, A11, B11, C#12, D#12, E12, F#12, G#12, A12, B12, C#13, D#13, E13, F#13, G#13, A13, B13, C#14, D#14, E14, F#14, G#14, A14, B14, C#15, D#15, E15, F#15, G#15, A15, B15, C#16, D#16, E16, F#16, G#16, A16, B16, C#17, D#17, E17, F#17, G#17, A17, B17, C#18, D#18, E18, F#18, G#18, A18, B18, C#19, D#19, E19, F#19, G#19, A19, B19, C#20, D#20, E20, F#20, G#20, A20, B20, C#21, D#21, E21, F#21, G#21, A21, B21, C#22, D#22, E22, F#22, G#22, A22, B22, C#23, D#23, E23, F#23, G#23, A23, B23, C#24, D#24, E24, F#24, G#24, A24, B24, C#25, D#25, E25, F#25, G#25, A25, B25, C#26, D#26, E26, F#26, G#26, A26, B26, C#27, D#27, E27, F#27, G#27, A27, B27, C#28, D#28, E28, F#28, G#28, A28, B28, C#29, D#29, E29, F#29, G#29, A29, B29, C#30, D#30, E30, F#30, G#30, A30, B30, C#31, D#31, E31, F#31, G#31, A31, B31, C#32, D#32, E32, F#32, G#32, A32, B32, C#33, D#33, E33, F#33, G#33, A33, B33, C#34, D#34, E34, F#34, G#34, A34, B34, C#35, D#35, E35, F#35, G#35, A35, B35, C#36, D#36, E36, F#36, G#36, A36, B36, C#37, D#37, E37, F#37, G#37, A37, B37, C#38, D#38, E38, F#38, G#38, A38, B38, C#39, D#39, E39, F#39, G#39, A39, B39, C#40, D#40, E40, F#40, G#40, A40, B40, C#41, D#41, E41, F#41, G#41, A41, B41, C#42, D#42, E42, F#42, G#42, A42, B42, C#43, D#43, E43, F#43, G#43, A43, B43, C#44, D#44, E44, F#44, G#44, A44, B44, C#45, D#45, E45, F#45, G#45, A45, B45, C#46, D#46, E46, F#46, G#46, A46, B46, C#47, D#47, E47, F#47, G#47, A47, B47, C#48, D#48, E48, F#48, G#48, A48, B48, C#49, D#49, E49, F#49, G#49, A49, B49, C#50, D#50, E50, F#50, G#50, A50, B50, C#51, D#51, E51, F#51, G#51, A51, B51, C#52, D#52, E52, F#52, G#52, A52, B52, C#53, D#53, E53, F#53, G#53, A53, B53, C#54, D#54, E54, F#54, G#54, A54, B54, C#55, D#55, E55, F#55, G#55, A55, B55, C#56, D#56, E56, F#56, G#56, A56, B56, C#57, D#57, E57, F#57, G#57, A57, B57, C#58, D#58, E58, F#58, G#58, A58, B58, C#59, D#59, E59, F#59, G#59, A59, B59, C#60, D#60, E60, F#60, G#60, A60, B60, C#61, D#61, E61, F#61, G#61, A61, B61, C#62, D#62, E62, F#62, G#62, A62, B62, C#63, D#63, E63, F#63, G#63, A63, B63, C#64, D#64, E64, F#64, G#64, A64, B64, C#65, D#65, E65, F#65, G#65, A65, B65, C#66, D#66, E66, F#66, G#66, A66, B66, C#67, D#67, E67, F#67, G#67, A67, B67, C#68, D#68, E68, F#68, G#68, A68, B68, C#69, D#69, E69, F#69, G#69, A69, B69, C#70, D#70, E70, F#70, G#70, A70, B70, C#71, D#71, E71, F#71, G#71, A71, B71, C#72, D#72, E72, F#72, G#72, A72, B72, C#73, D#73, E73, F#73, G#73, A73, B73, C#74, D#74, E74, F#74, G#74, A74, B74, C#75, D#75, E75, F#75, G#75, A75, B75, C#76, D#76, E76, F#76, G#76, A76, B76, C#77, D#77, E77, F#77, G#77, A77, B77, C#78, D#78, E78, F#78, G#78, A78, B78, C#79, D#79, E79, F#79, G#79, A79, B79, C#80, D#80, E80, F#80, G#80, A80, B80, C#81, D#81, E81, F#81, G#81, A81, B81, C#82, D#82, E82, F#82, G#82, A82, B82, C#83, D#83, E83, F#83, G#83, A83, B83, C#84, D#84, E84, F#84, G#84, A84, B84, C#85, D#85, E85, F#85, G#85, A85, B85, C#86, D#86, E86, F#86, G#86, A86, B86, C#87, D#87, E87, F#87, G#87, A87, B87, C#88, D#88, E88, F#88, G#88, A88, B88, C#89, D#89, E89, F#89, G#89, A89, B89, C#90, D#90, E90, F#90, G#90, A90, B90, C#91, D#91, E91, F#91, G#91, A91, B91, C#92, D#92, E92, F#92, G#92, A92, B92, C#93, D#93, E93, F#93, G#93, A93, B93, C#94, D#94, E94, F#94, G#94, A94, B94, C#95, D#95, E95, F#95, G#95, A95, B95, C#96, D#96, E96, F#96, G#96, A96, B96, C#97, D#97, E97, F#97, G#97, A97, B97, C#98, D#98, E98, F#98, G#98, A98, B98, C#99, D#99, E99, F#99, G#99, A99, B99, C#100, D#100, E100, F#100, G#100, A100, B100, C#101, D#101, E101, F#101, G#101, A101, B101, C#102, D#102, E102, F#102, G#102, A102, B102, C#103, D#103, E103, F#103, G#103, A103, B103, C#104, D#104, E104, F#104, G#104, A104, B104, C#105, D#105, E105, F#105, G#105, A105, B105, C#106, D#106, E106, F#106, G#106, A106, B106, C#107, D#107, E107, F#107, G#107, A107, B107, C#108, D#108, E108, F#108, G#108, A108, B108, C#109, D#109, E109, F#109, G#109, A109, B109, C#110, D#110, E110, F#110, G#110, A110, B110, C#111, D#111, E111, F#111, G#111, A111, B111, C#112, D#112, E112, F#112, G#112, A112, B112, C#113, D#113, E113, F#113, G#113, A113, B113, C#114, D#114, E114, F#114, G#114, A114, B114, C#115, D#115, E115, F#115, G#115, A115, B115, C#116, D#116, E116, F#116, G#116, A116, B116, C#117, D#117, E117, F#117, G#117, A117, B117, C#118, D#118, E118, F#118, G#118, A118, B118, C#119, D#119, E119, F#119, G#119, A119, B119, C#120, D#120, E120, F#120, G#120, A120, B120, C#121, D#121, E121, F#121, G#121, A121, B121, C#122, D#122, E122, F#122, G#122, A122, B122, C#123, D#123, E123, F#123, G#123, A123, B123, C#124, D#124, E124, F#124, G#124, A124, B124, C#125, D#125, E125, F#125, G#125, A125, B125, C#126, D#126, E126, F#126, G#126, A126, B126, C#127, D#127, E127, F#127, G#127, A127, B127, C#128, D#128, E128, F#128, G#128, A128, B128, C#129, D#129, E129, F#129, G#129, A129, B129, C#130, D#130, E130, F#130, G#130, A130, B130, C#131, D#131, E131, F#131, G#131, A131, B131, C#132, D#132, E132, F#132, G#132, A132, B132, C#133, D#133, E133, F#133, G#133, A133, B133, C#134, D#134, E134, F#134, G#134, A134, B134, C#135, D#135, E135, F#135, G#135, A135, B135, C#136, D#136, E136, F#136, G#136, A136, B136, C#137, D#137, E137, F#137, G#137, A137, B137, C#138, D#138, E138, F#138, G#138, A138, B138, C#139, D#139, E139, F#139, G#139, A139, B139, C#140, D#140, E140, F#140, G#140, A140, B140, C#141, D#141, E141, F#141, G#141, A141, B141, C#142, D#142, E142, F#142, G#142, A142, B142, C#143, D#143, E143, F#143, G#143, A143, B143, C#144, D#144, E144, F#144, G#144, A144, B144, C#145, D#145, E145, F#145, G#145, A145, B145, C#146, D#146, E146, F#146, G#146, A146, B146, C#147, D#147, E147, F#147, G#147, A147, B147, C#148, D#148, E148, F#148, G#148, A148, B148, C#149, D#149, E149, F#149, 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A214, B214, C#215, D#215, E215, F#215, G#215, A215, B215, C#216, D#216, E216, F#216, G#216, A216, B216, C#217, D#217, E217, F#217, G#217, A217, B217, C#218, D#218, E218, F#218, G#218, A218, B218, C#219, D#219, E219, F#219, G#219, A219, B219, C#220, D#220, E220, F#220, G#220, A220, B220, C#221, D#221, E221, F#221, G#221, A221, B221, C#222, D#222, E222, F#222, G#222, A222, B222, C#223, D#223, E223, F#223, G#223, A223, B223, C#224, D#224, E224, F#224, G#224, A224, B224, C#225, D#225, E225, F#225, G#225, A225, B225, C#226, D#226, E226, F#226, G#226, A226, B226, C#227, D#227, E227, F#227, G#227, A227, B227, C#228, D#228, E228, F#228, G#228, A228, B228, C#229, D#229, E229, F#229, G#229, A229, B229, C#230, D#230, E230, F#230, G#230, A230, B230, C#231, D#231, E231, F#231, G#231, A231, B231, C#232, D#232, E232, F#232, G#232, A232, B232, C#233, D#233, E233, F#233, G#233, A233, B233, C#234, D#234, E234, F#234, G#234, A234, B234, C#235, D#235, E235, F#235, G#235, A235, B235, C#236, D#236, E236, F#236, G#236, A236, B236, C#237, D#237, E237, F#237, G#237, A237, B237, C#238, D#238, E238, F#238, G#238, A238, B238, C#239, D#239, E239, F#239, G#239, A239, B239, C#240, D#240, E240, F#240, G#240, A240, B240, C#241, D#241, E241, F#241, G#241, A241, B241, C#242, D#242, E242, F#242, G#242, A242, B242, C#243, D#243, E243, F#243, G#243, A243, B243, C#244, D#244, E244, F#244, G#244, A244, B244, C#245, D#245, E245, F#245, G#245, A245, B245, C#246, D#246, E246, F#246, G#246, A246, B246, C#247, D#247, E247, F#247, G#247, A247, B247, C#248, D#248, E248, F#248, G#248, A248, B248, C#249, D#249, E249, F#249, G#249, A249, B249, C#250, D#250, E250, F#250, G#250, A250, B250, C#251, D#251, E251, F#251, G#251, A251, B251, C#252, D#252, E252, F#252, G#252, A252, B252, C#253, D#253, E253, F#253, G#253, A253, B253, C#254, D#254, E254, F#254, G#254, A254, B254, C#255, D#255, E255, F#255, G#255, A255, B255, C#256, D#256, E256, F#256, G#256, A256, B256, C#257, D#257, E257, F#257, G#257, A257, B257, C#258, 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